A Blessing for Aging from the Psalmist

May we grow fruitful as we age
Ripe and abundant and sage
Keep our hearts open to all we face
Present to goodness, even a trace.
Renew us, let our spirits soar.
Sustain us, our Rock, for more.
—Psalm 92:15–16 (Melody and translation, Rabbi Dayle Friedman)

Resources


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