Creativity and Resilience on the Pilgrimage of Aging

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International Conferences on Ageing & Spirituality

2000  Ageing, Spirituality and Pastoral Care – Canberra, Australia
2004  Ageing, Spirituality and Palliative Care – Adelaide, Australia
2009  Ageing, and Spirituality – Auckland, NZ
2013  Creativity, Resilience and Spiritual Care for Older People – Edinburgh, Scotland
2015  Paradox and Promise in the Pilgrimage of Aging – Los Angeles, USA.
“What enables it (spirituality) to play this role is the reference to an aspect of life which is independent of those capabilities which tend to decline in later life. It points to a category of powers and strengths which can flourish in spite of biological ageing and may only reach their full maturity in the context of biological ageing.”
Creativity

A phenomenon whereby something new and somehow valuable is formed. The created item may be intangible (such as an idea, a scientific theory, a musical composition or a joke) or an original physical object (such as an invention, a literary work or a painting).
Resilience is the ability when faced with adversity or when under pressure to uphold dignified autonomy or in narrative terms autography in thought and action to realise a meaningful and human life for oneself and others.
Like the dandelion, so inebriated with its own insignificance in the greater scheme of things that it forgets where it cannot grow, and it grows there anyway.

*Clever stalk*

*Richard Schiffman*